



**Dementia Carers
Support and Arts
Activity Group**

Enjoy an arts session with the person you look after, followed by a separate support group with fellow carers!

- The group will meet and have refreshments at 1:45pm.
- There will then be a *joint arts session* for carers and cared for together from 2pm - 2:30pm.
- Between 2:30pm and 3:20pm carers will *separate for a support group together*.
- At 3:25pm the carers will re-join their cared for, see what they have been doing and join in!

When: Third Thursday of the month, 1:45pm - 3:45pm

Where: Beethoven Centre, Third Avenue, W10 4JL

Places are limited. To book please call **020 8960 3033** or
email: **events@carers-network.org.uk**

www.carers-network.org.uk