



Carers Network

# *H&F Carers Coffee Mornings in 2023*



**The H&F Carer Coffee Mornings at Lyric Café in 2023 are on 3<sup>rd</sup> Thursday of each month from 10:30am-12pm:  
The Lyric Café, Lyric Square, King St, W6 0QL**

**You will be able to have 2 hot drinks for free.**

Come and join us to try out our **BizzyBox Lending Project** products as well! You can then borrow activity products to enjoy with your loved one for free! These products have been specially designed to help people living with **dementia**, recovering from a **stroke** or **heart attack**, or living with **autism** or a **learning disability**.

# *Carers Coffee Mornings*



**The H&F Carer Coffee Mornings on 3<sup>rd</sup> Thursday of month from 10:30am–12pm now rotate venue between Lyric Café and Irish Community Centre**

## **Venues:**

**The Lyric Café, Lyric Square, King St, W6 0QL  
Irish Cultural Centre, 5 Black's Road, W6 9DT**

**Thurs 21 Sept: Irish Cultural Centre**

**Thurs 19 Oct: Lyric Café**

**Thurs 16 Nov: Irish Cultural Centre**

**Thurs 21 Dec: Lyric Café**

**Thurs 18 Jan: Irish Cultural Centre**

**Thurs 15 Feb: Lyric Café**

**Thurs 21 March: Irish Cultural Centre**