

Do you live in the City of London and look after a family member, friend or neighbour? Come and find out how *Carers Network* can help and support you this *Carers Week*!

**City Carers Week stall and talk at the Barbican Library**

If you're caring for someone - even if you aren't sure whether you're a 'carer' or not - this is an opportunity to come and find out what Carers Network have to offer.

**WEDS 14 JUNE, 11am - 2pm, The Barbican Library, Silk Street, London, EC2Y 8DS**

**Other Events and Activities for City carers this Carers Week**

- **Monday 12 June, 12:15pm, City Carers Lunch, London Guildhall, Gresham St, London, EC2V 7HH** City of London are inviting carers to a lunch to celebrate your hard work and commitment to the people you care for.
- **Wednesday 14 June, 2.30pm, Tour of Westminster Abbey**  
This tour will be given by the Abbey's expert guides and be followed by refreshments and a talk revealing lots of interesting history about the Abbey – along with points of local interest.
- **Monday 19 June, 11am, Arts-based workshop, The Queen's Gallery Buckingham Palace Road, SW1A 1AA** Art-focused workshop where you can engage with and experience the Canaletto & the Art of Venice exhibition and enjoy a landscape inspired session where you create your own artwork.

*To register for any of these trips please call Rose Bernstein, City Carer Support Worker on 07980 744 511 or email [rose.bernstein@carers-network.org.uk](mailto:rose.bernstein@carers-network.org.uk)*

**REGULAR CITY CARER SUPPORT GROUPS AND FORUM**

**NORTH OF CITY  
SUPPORT GROUP**

**WHEN:** 2<sup>nd</sup> TUES OF MONTH,  
11am – 12:30pm.

**WHERE:** THE RALPH  
PERRING ROOM, GOLDEN  
LANE ESTATE, EC1Y 0SJ

**EAST OF CITY  
SUPPORT GROUP**

**WHEN:** LAST MON OF  
MONTH, 2pm – 3:30pm.

**WHERE:** THE ARTIZAN  
LIBRARY, 1 ARTIZAN STREET,  
E1 7AF

**CITY CARERS  
FORUM**

**WHEN:** TUES 27 JUNE  
2pm - 4pm

**WHERE:** THE RALPH  
PERRING ROOM, GOLDEN  
LANE ESTATE, EC1Y 0SJ

*Our support groups are there for you to meet people in a similar situation and share the issues you are facing. We also invite speakers from a variety of organisations to provide information and discussions. The City Carers Forum provides an opportunity for carers to hear regularly about local issues and to have their say on the things that matter to them.*

**[www.carers-network.org.uk](http://www.carers-network.org.uk) | 020 8960 3033**

