

Mental Health Carers Support Group



- * Are you supporting or caring for a family member or close friend with mental health problems?
- * Would you like to be able to get more information and advice?
- * Would you like the chance to meet and talk with others in the same position?

If so, come along to our Carers Support Group

When: 5:30pm–7:30pm on 2nd Tuesday of the month

**Where: Wandsworth & Westminster Mind,
Hopkinson House, 6 Osbert Street, SW1P 2QU**

For more details contact Carers Network on
020 8960 3033 or email carers@carers-network.org.uk
www.carers-network.org.uk